



## THE ARCTIC CIRCLE

Reel- 4C in a square set -64 bars

### BARS

- 1-8 All four couples dance eight hands round and back.
- 9-12 1st man and 3rd woman dance half a figure of eight through 2nd couple while 1st woman and 3rd man dance half a figure of eight through 4th couple.
- 13-16 1st man and 3rd woman return to original places with a half-turn and a twirl and they stay facing out. 1st woman and 3rd man do the same.
- 17-20 1st man turns 2nd woman with the right hand once round, while 1st woman turns 4th man with the left hand once round. 3rd man turns 4th woman with the right hand once round, while 3rd woman turns 2nd man with the left hand once round. All finish facing partners.
- 21-24 All set to partners and then turn partners with both hands once round using skip-change-of-step.
- 25-28 2nd man and 4th woman dance half a figure of eight through 3rd couple while 2nd woman and 4th man dance half a figure of eight through 1st couple.
- 29-32 2nd man and 4th woman return to original places with a half-turn and a twirl and they stay facing out. 2nd woman and 4th man do the same.
- 33-36 2nd man turns 3rd woman with the right hand once round, while 2nd woman turns 1st man with the left hand once round. 4th man turns 1st woman with the right hand once round, while 4th woman turns 3rd man with the left hand once round. All finish facing partners.
- 37-40 All set to partners and then turn partners with both hands using skip-change-of-step.
- 41-48 The women dance right hands across half way round and then dance round the opposite man, passing him by the left shoulder, they dance right hands across halfway round to return to original places.
- 49-56 The men dance left hands across half way round and then dance round the opposite woman, passing her by the right shoulder, they dance left hands across half way round to finish beside their partners, having their partners on their right.
- 57-64 Taking promenade hold with partners, all dance round the set anticlockwise to return to original places.

Dance devised by John Drewry April 2004

Revised in June 2004 after teaching the dance in Morland in Cumbria

**Music:** "Villa Frognæs" by James Gray, published on CD "Piano Dance" by James Gray.

**NOTE by John Drewry:** *I had a letter from Susan Hagen, who lives in Oslo, requesting a dance with this title. The dance is to be performed at a ball in the British Ambassador's Residence in October. She sent me a booklet about the residence, which is called "Villa Frognæs". I have based Bars 41-56 of the dance on the design above the oriel window.*

*I did go once north of the Arctic Circle in Norway with a Swiss friend. We flew separately to Oslo and then went by train to Narvik. From there we went by cargo boat northwards until, after calling in various ports, we rounded the North Cape and reached Honningsvåg where we stayed for a few days.*

*We were amused to see people from the various tourist ships taken to see a Lappish village with the Lapps living in tents made of reindeer skin. Once the busses had taken the tourists back to their ships, the Lapps returned to their comfortable houses in the town.*

**NOTE by James Gray about the music:** *"The Oslo Scottish Country Dance Group asked John Drewry to write a dance called The Arctic Circle which had its premiere in Villa Frognæs, the residence of the British ambassador in Oslo. The tune has specially constructed phrasing to fit the dance."*

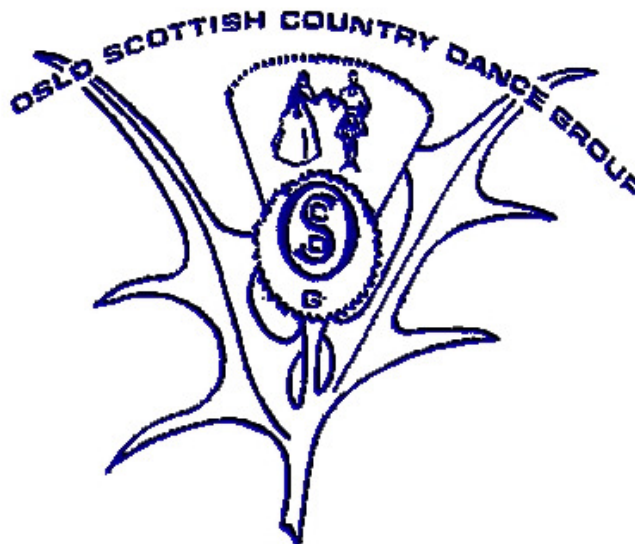
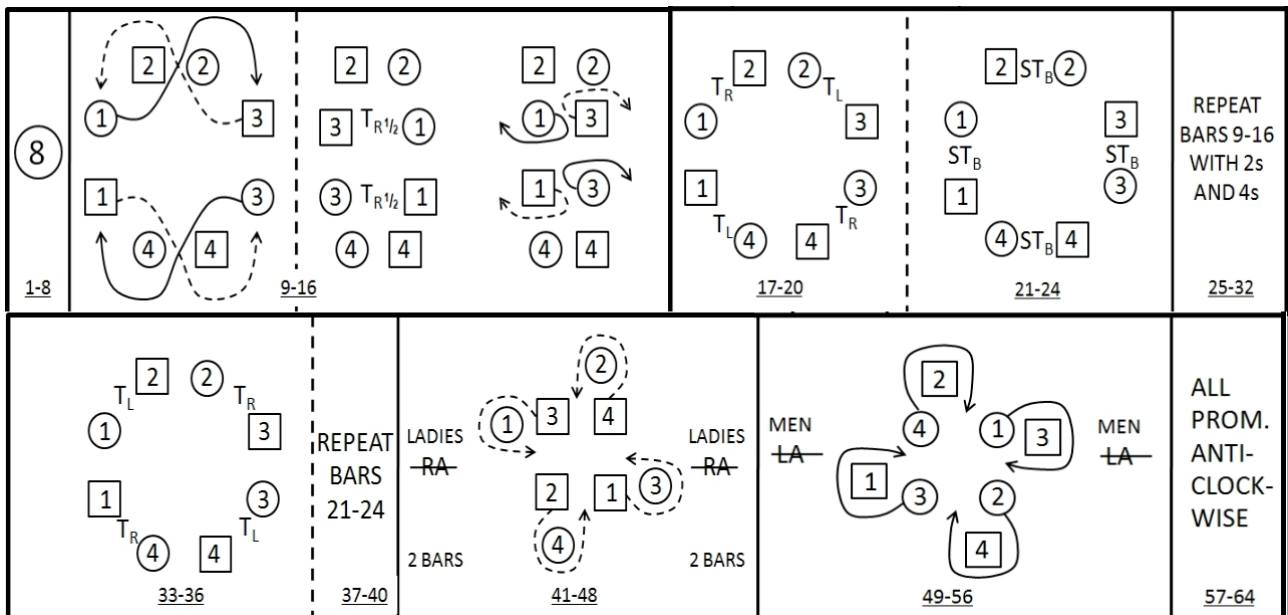
## Minicrib:

### **THE ARCTIC CIRCLE (R64) Sq.Set J Drewry**

- 1- 8 All circle 8H round and back  
 9-16 1M+3L also 1L+3M dance ½ Fig of 8 round 2s/4s, ½ turn RH & twirl back to place  
 17-24 1M & 3M turn corner RH while partners turn corner LH, all set to partner & turn 2H  
 25-40 2s & 4s repeat bars 9-24  
 41-48 All Ladies dance RH across ½ way, dance round opp Man LSh & dance RH across ½ way back to place  
 49-56 All Men dance LH across ½ way, dance round opp Lady RSh & dance LH across ½ way back to place  
 57-64 All promenade round anticlockwise

## Pillings:

### **THE ARCTIC CIRCLE (R64) Sq.Set J Drewry**



# Villa Frognæs

James Gray

The musical score for "Villa Frognæs" by James Gray is presented in ten staves. The key signature is one sharp (F#), and the time signature is common time (C). The melody is written in a treble clef. Chords are indicated by letters above the staff lines. The progression of chords across the staves is as follows:

- Staff 1: D, G, D, G, D/F#, Em, A
- Staff 2: D, G, D/F#, Em, D, G, A, D
- Staff 3: Em, Em, A, D, G, D/F#
- Staff 4: Em, Em, D, A/C#, D, Bm, Em
- Staff 5: Em, D
- Staff 6: Em, Em, D, A/C#, D, G, A, D
- Staff 7: Em, Em, A, D, G, D/F#
- Staff 8: Em, Em, D, A/C#, G/B, D, Bm, Em
- Staff 9: Em, D
- Staff 10: A/C#, G/B, A, F#/A#, Bm, Em, A, D



This tune was composed for Susan Hagen to be the lead tune for the dance “Arctic Circle” written by John Drewry.

Villa Frognæs is the name of the Ambassador’s Residence in Oslo where the dance will be performed in October 2004. Formations in the dance reflect the decorations above the windows in the residence.

The theme that first appears in bars 9-16 is based on a Norwegian tune from the arctic region called “Måselv Halling”.

James Gray September 2004

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